

UPPER BODY DECONGESTIVE THERAPY BY THE “K3D” TECHNIQUE (The Kalef 3 Dimensional Therapy)

EARN 4 CE Credits

Partial refresher course from the 8h Seminar



Cost:\$120.00

Early Registration : \$100.00 *Payable 3 weeks prior to course

Late Registration: \$120.00 *Payable one week prior to course

Cash at the door \$120.00 *No checks accepted on day of course.



Instructor: Shelly Kalef LMT, NCTMB #MA56019

NCBTMB Approved Provider # 51611-11

CE Broker Provider # 50-11686



DESCRIPTION

This seminar focuses on the K3D Therapy Technique for the UPPER BODY.

The K3D is a Decongestive, Detoxifying and Deep Therapy that focuses on the removal of chronic inflammation by redirecting blockages via the Lymphatic ports of exit to be removed.

This technique addresses the upper body in three dimensions working all sides as a unit. It is quite effective in the release of sinus and head congestion; the release tight muscles, dissolve trigger points, resolving chronic inflammation, the release of pain and other dysfunctions.

It is also quite effective in the removal of Lymphedema reducing inches as a side-effect. Effective in the treatment of Carpal Tunnel, Fibromyalgia, Frozen Shoulder plus more.

LEARN HOW TO

- This course will focus in providing a new perspective and philosophy in the release of pain by introducing a side lying therapy that addresses the body as a 3 dimensional unit as it is all CONNECTED.
- Understanding the connection between the Circulatory, Lymphatic, Muscular and Nervous System, how they are interconnected just as Hypertonicity, chronic inflammation/ congestion and pain interact and affect each other.
- It is focused on Upper Body special techniques for the removal of chronic pain and congestion in the neck and shoulders, face, head, and upper extremities. Demonstrating the protocol on how to go about providing this therapy.
- Learn therapeutic palpation, how to identify issues and resolve them, all with Immediate and Long Lasting Results, while losing Inches as a side-effect.
- Understand the importance of the BREATH in therapy and how it is all CONNECTED.